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| **Feeling Safe** | | **Never** (0% of the time) | **Rarely** (20% of the time) | **Sometimes** (40% of the time) | **Fairly Often** (60% of the time) | **Often** (80% of the time) | **Always** (100% of the time) |
| Playing and exploring – engagement   * Finding out and exploring * Playing with what they know * Being willing to ‘have a go’ | I can put my hand up to share ideas | 5 | 4 | 3 | 2 | 1 | 0 |
| I can make the right choices when a routine is changed | 5 | 4 | 3 | 2 | 1 | 0 |
| Active Learning – Motivation   * Being involved and concentrating * Continuing to try * Enjoying achieving what they set out to do | I can start an activity independently | 5 | 4 | 3 | 2 | 1 | 0 |
| I can work hard | 5 | 4 | 3 | 2 | 1 | 0 |
| I always try my best | 5 | 4 | 3 | 2 | 1 | 0 |
| I can always follow adult instructions | 5 | 4 | 3 | 2 | 1 | 0 |
| I can be in the right place at the right time | 5 | 4 | 3 | 2 | 1 | 0 |
| I can respect my own, and others property | 5 | 4 | 3 | 2 | 1 | 0 |
| Creating and thinking critically – Thinking   * Having their own ideas * Making links * Choosing ways to do things | I am confident to try new activities | 5 | 4 | 3 | 2 | 1 | 0 |
| I can ask tricky questions on my own | 5 | 4 | 3 | 2 | 1 | 0 |
| I can take risks to learn more | 5 | 4 | 3 | 2 | 1 | 0 |
| I can often challenge myself | 5 | 4 | 3 | 2 | 1 | 0 |
| I can ask for help when needed | 5 | 4 | 3 | 2 | 1 | 0 |
| I can show extra interest in an activity started in class | 5 | 4 | 3 | 2 | 1 | 0 |
| I can keep my hands and feet to myself | 5 | 4 | 3 | 2 | 1 | 0 |
|  | **TOTALS (Pre)** |  |  |  |  |  |  |
|  | **TOTALS (Post)** |  |  |  |  |  |  |
|  | **OVERALL TOTAL FOR FEELING SAFE** | **Pre** | | | **Post** | | |
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| **Self-Regulation** | | **Never** (0% of the time) | **Rarely** (20% of the time) | **Sometimes** (40% of the time) | **Fairly Often** (60% of the time) | **Often** (80% of the time) | **Always** (100% of the time) |
| Playing and exploring – engagement   * Finding out and exploring * Playing with what they know * Being willing to ‘have a go’ | I can always tell adults how I feel | 5 | 4 | 3 | 2 | 1 | 0 |
| I can express my feelings appropriately | 5 | 4 | 3 | 2 | 1 | 0 |
| I can accept school rules | 5 | 4 | 3 | 2 | 1 | 0 |
| I can deal with my emotions even when they are negative | 5 | 4 | 3 | 2 | 1 | 0 |
| Active Learning – Motivation   * Being involved and concentrating * Continuing to try * Enjoying achieving what they set out to do | I can use my words appropriately to say how I feel | 5 | 4 | 3 | 2 | 1 | 0 |
| I can ignore distractions and tell an adult when something is distracting me | 5 | 4 | 3 | 2 | 1 | 0 |
| I can ignore/move away from others that are distracting me | 5 | 4 | 3 | 2 | 1 | 0 |
| I can say when I need to take a break | 5 | 4 | 3 | 2 | 1 | 0 |
| I can talk about how I feel and I know what I need | 5 | 4 | 3 | 2 | 1 | 0 |
| I can find resources to help me concentrate when things get tricky | 5 | 4 | 3 | 2 | 1 | 0 |
| I can be in the right place at the right time | 5 | 4 | 3 | 2 | 1 | 0 |
| Creating and thinking critically – Thinking   * Having their own ideas * Making links * Choosing ways to do things | I can take responsibility for my actions | 5 | 4 | 3 | 2 | 1 | 0 |
| I can make good choices about the friendships I make | 5 | 4 | 3 | 2 | 1 | 0 |
| I can understand that all actions have consequences | 5 | 4 | 3 | 2 | 1 | 0 |
| I am happy and content most of the time | 5 | 4 | 3 | 2 | 1 | 0 |
|  | **TOTALS (Pre)** |  |  |  |  |  |  |
|  | **TOTALS (Post)** |  |  |  |  |  |  |
|  | **OVERALL TOTAL FOR FEELING SAFE** | **Pre** | | | **Post** | | |
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| **Self Esteem and Self Confidence** | | **Never** (0% of the time) | **Rarely** (20% of the time) | **Sometimes** (40% of the time) | **Fairly Often** (60% of the time) | **Often** (80% of the time) | **Always** (100% of the time) |
| Playing and exploring – engagement   * Finding out and exploring * Playing with what they know * Being willing to ‘have a go’ | I can be proud of my work | 5 | 4 | 3 | 2 | 1 | 0 |
| I can be spontaneous in my play | 5 | 4 | 3 | 2 | 1 | 0 |
| Active Learning – Motivation   * Being involved and concentrating * Continuing to try * Enjoying achieving what they set out to do | I can share my ideas with the class | 5 | 4 | 3 | 2 | 1 | 0 |
| I can start work straight away and work independently | 5 | 4 | 3 | 2 | 1 | 0 |
| I can accept praise | 5 | 4 | 3 | 2 | 1 | 0 |
| I can say what I find hard | 5 | 4 | 3 | 2 | 1 | 0 |
| I can choose to play with others independently | 5 | 4 | 3 | 2 | 1 | 0 |
| I can help my friends with their learning | 5 | 4 | 3 | 2 | 1 | 0 |
| Creating and thinking critically – Thinking   * Having their own ideas * Making links * Choosing ways to do things | I can talk about how to do something | 5 | 4 | 3 | 2 | 1 | 0 |
| I can share my opinions appropriately | 5 | 4 | 3 | 2 | 1 | 0 |
| I can talk about what I can and can’t do | 5 | 4 | 3 | 2 | 1 | 0 |
| I can explore ways to understand something | 5 | 4 | 3 | 2 | 1 | 0 |
| I can explain my thinking when I take part in an activity | 5 | 4 | 3 | 2 | 1 | 0 |
| I can use other people’s ideas to solve problems | 5 | 4 | 3 | 2 | 1 | 0 |
| I can explain how I solved a problem and why I did what I did | 5 | 4 | 3 | 2 | 1 | 0 |
|  | **TOTALS (Pre)** |  |  |  |  |  |  |
|  | **TOTALS (Post)** |  |  |  |  |  |  |
|  | **OVERALL TOTAL FOR SELF-ESTEEM and SELF-CONFIDENCE** | **Pre** | | | **Post** | | |
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| **Resilience** | | **Never** (0% of the time) | **Rarely** (20% of the time) | **Sometimes** (40% of the time) | **Fairly Often** (60% of the time) | **Often** (80% of the time) | **Always** (100% of the time) |
| Playing and exploring – engagement   * Finding out and exploring * Playing with what they know * Being willing to ‘have a go’ | I can have another go at something | 5 | 4 | 3 | 2 | 1 | 0 |
| I can try new things | 5 | 4 | 3 | 2 | 1 | 0 |
| I can take my time over an activity | 5 | 4 | 3 | 2 | 1 | 0 |
| I can take turns when playing games with my friends | 5 | 4 | 3 | 2 | 1 | 0 |
| I can make mistakes | 5 | 4 | 3 | 2 | 1 | 0 |
| I can stay in the classroom | 5 | 4 | 3 | 2 | 1 | 0 |
| Active Learning – Motivation   * Being involved and concentrating * Continuing to try * Enjoying achieving what they set out to do | I can work through distractions | 5 | 4 | 3 | 2 | 1 | 0 |
| I can complete set tasks | 5 | 4 | 3 | 2 | 1 | 0 |
| I can show an interest in learning outside of school | 5 | 4 | 3 | 2 | 1 | 0 |
| I can understand that when I find things hard I can try to make them better | 5 | 4 | 3 | 2 | 1 | 0 |
| I can edit/change my work when asked by an adult | 5 | 4 | 3 | 2 | 1 | 0 |
| Creating and thinking critically – Thinking   * Having their own ideas * Making links * Choosing ways to do things | I can finish an activity and move on to another one | 5 | 4 | 3 | 2 | 1 | 0 |
| I can accept other’s ideas may work better than mine | 5 | 4 | 3 | 2 | 1 | 0 |
| I can solve problems independently | 5 | 4 | 3 | 2 | 1 | 0 |
| I can talk about what I can do differently next time | 5 | 4 | 3 | 2 | 1 | 0 |
|  | **TOTALS (Pre)** |  |  |  |  |  |  |
|  | **TOTALS (Post)** |  |  |  |  |  |  |
|  | **OVERALL TOTAL FOR RESILIENCE** | **Pre** | | | **Post** | | |
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| **Empathy** | | **Never** (0% of the time) | **Rarely** (20% of the time) | **Sometimes** (40% of the time) | **Fairly Often** (60% of the time) | **Often** (80% of the time) | **Always** (100% of the time) |
| Playing and exploring – engagement   * Finding out and exploring * Playing with what they know * Being willing to ‘have a go’ | I can talk about tricky emotions like embarrassment, guilt and disappointment | 5 | 4 | 3 | 2 | 1 | 0 |
| I can comfort a friend if they are upset | 5 | 4 | 3 | 2 | 1 | 0 |
| I can listen to my friend’s point of view | 5 | 4 | 3 | 2 | 1 | 0 |
| Active Learning – Motivation   * Being involved and concentrating * Continuing to try * Enjoying achieving what they set out to do | I can understand how others feel and I can help them to feel better | 5 | 4 | 3 | 2 | 1 | 0 |
| I can see when others need support and find an adult to help them | 5 | 4 | 3 | 2 | 1 | 0 |
| I can understand my friend’s likes and dislikes | 5 | 4 | 3 | 2 | 1 | 0 |
| I can use a quiet, calm voice | 5 | 4 | 3 | 2 | 1 | 0 |
| I can show an interest in other people’s news and interests | 5 | 4 | 3 | 2 | 1 | 0 |
| Creating and thinking critically – Thinking   * Having their own ideas * Making links * Choosing ways to do things | I can share ideas to help classmates learn | 5 | 4 | 3 | 2 | 1 | 0 |
| I can respect the feelings and ideas of others | 5 | 4 | 3 | 2 | 1 | 0 |
| I can make links to past experiences | 5 | 4 | 3 | 2 | 1 | 0 |
| I can make positive comments about others | 5 | 4 | 3 | 2 | 1 | 0 |
| I can use the ideas of others to learn more | 5 | 4 | 3 | 2 | 1 | 0 |
| I can let my classmates make helpful changes | 5 | 4 | 3 | 2 | 1 | 0 |
| I can ask for, and listen to, other’s ideas | 5 | 4 | 3 | 2 | 1 | 0 |
|  | **TOTALS (Pre)** |  |  |  |  |  |  |
|  | **TOTALS (Post)** |  |  |  |  |  |  |
|  | **OVERALL TOTAL FOR EMPATHY** | **Pre** | | | **Post** | | |
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| **Managing Relationships** | | **Never** (0% of the time) | **Rarely** (20% of the time) | **Sometimes** (40% of the time) | **Fairly Often** (60% of the time) | **Often** (80% of the time) | **Always** (100% of the time) |
| Playing and exploring – engagement   * Finding out and exploring * Playing with what they know * Being willing to ‘have a go’ | I can help make things better if I have damaged or hurt | 5 | 4 | 3 | 2 | 1 | 0 |
| I can follow rules in a game | 5 | 4 | 3 | 2 | 1 | 0 |
| I can play a game that my friend leads | 5 | 4 | 3 | 2 | 1 | 0 |
| I can say kind things to my friends when we play together | 5 | 4 | 3 | 2 | 1 | 0 |
| I can play with my friends without adult support | 5 | 4 | 3 | 2 | 1 | 0 |
| I can take part in an activity that an adult wants me to do | 5 | 4 | 3 | 2 | 1 | 0 |
| Active Learning – Motivation   * Being involved and concentrating * Continuing to try * Enjoying achieving what they set out to do | I can encourage others | 5 | 4 | 3 | 2 | 1 | 0 |
| I can resolve issues with an adult’s help | 5 | 4 | 3 | 2 | 1 | 0 |
| I can follow the rules of others | 5 | 4 | 3 | 2 | 1 | 0 |
| I can meet new people on my own and with confidence | 5 | 4 | 3 | 2 | 1 | 0 |
| I can choose to work with others and can organise my group | 5 | 4 | 3 | 2 | 1 | 0 |
| Creating and thinking critically – Thinking   * Having their own ideas * Making links * Choosing ways to do things | I can accept feedback | 5 | 4 | 3 | 2 | 1 | 0 |
| I can build relationships outside of the classroom | 5 | 4 | 3 | 2 | 1 | 0 |
| I can solve problems in social and emotional situations | 5 | 4 | 3 | 2 | 1 | 0 |
| I can get attention in a positive way | 5 | 4 | 3 | 2 | 1 | 0 |
|  | **TOTALS (Pre)** |  |  |  |  |  |  |
|  | **TOTALS (Post)** |  |  |  |  |  |  |
|  | **OVERALL TOTAL FOR MANAGING RELATIONSHIPS** | **Pre** | | | **Post** | | |
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| **EQ Heading** | **Total Scores** | | **22-36 months** | | | **30-50 months** | | | **40-60 months** | | |
| **Pre** | **Post** | **Emerging**  **= score of**  **67-75** | **Developing = score of**  **59-66** | **Secure**  **= score of 51-58** | **Emerging**  **= score of 42-50** | **Developing = Score of 34-41** | **Secure**  **= score of 26-33** | **Emerging = score of 17-25** | **Developing = score of 8-16** | **Secure**  **= score of 0-7** |
| Feeling Safe |  |  |  |  |  |  |  |  |  |  |  |
| Self-Regulation |  |  |  |  |  |  |  |  |  |  |  |
| Self Esteem and Self Confidence |  |  |  |  |  |  |  |  |  |  |  |
| Resilience |  |  |  |  |  |  |  |  |  |  |  |
| Empathy |  |  |  |  |  |  |  |  |  |  |  |
| Managing Relationships |  |  |  |  |  |  |  |  |  |  |  |
| **Combined Total** |  |  | **401-450** | **351-400** | **301-350** | **251-300** | **201-250** | **151-200** | **101-150** | **51-100** | **0-50** |

Top three areas for development pre intervention:

1.

2.

3.

Top three areas for development post intervention (if applicable):

1.

2.

3.