

Stammering Awareness

KS2 Lesson Plan

Learning Objective	Success Criteria	Whole Class	Resources	Independent Work	Plenary
Lesson based on <i>'How to Be More Hedgehog' by Anne-Marie Conway</i>					
<p>To recognise we are all different and unique.</p> <p>To recognise our own and others' strengths and resources.</p> <p>To know that our actions can make a difference to others and how they feel.</p> <p>To understand what 'Brave' might mean to us and other people.</p> <p>To learn about ways we can be kind to others and ourselves.</p>	<p>I can define stammering</p> <p>I can talk about how myself and others are all different and unique</p> <p>I can identify my strengths and ways I am brave.</p> <p>I can support someone who stammers.</p> <p>I can think of ways to be kind to myself and others.</p>	<p>Class Discussion</p> <p>What makes us different? What makes us special?</p> <p>Ask the class to move around and complete the activity sheet (differences)</p> <p>Find two people who are different and two people who have something the same as us. (Think about the way we look, behave but also think about things we are good at or enjoy)</p> <p>Introduce the book</p> <p>'How to be more Hedgehog'</p> <p>Read the blurb</p> <p>Explain that some children struggle to feel that they fit in. This is often because they have been made to feel this way due to teasing/bullying/ cyber bullying - like Lily.</p>	<p>A copy of 'How to be more Hedgehog'</p> <p>Activity sheets</p> <ul style="list-style-type: none"> Differences Find your brave <p>Introducing Stammering: powerpoint</p>	<p>Activities</p> <p>'How to be more Hedgehog' Word Search</p> <p>'How to be more Hedgehog' mindfulness colouring</p> <p>Strengths Activity Complete the activity.</p>	<p>Highlight the book in the library/ make it book of the week.</p> <p>Make a display about stammering in your school (see display resources)</p> <p>Do a 'Find your brave' Assembly.</p> <p>Please share your work with Alex Ford aford@swindon.gov.uk @thefluencytrust</p>

		<p>Explain concepts of stammering: Use the powerpoint provided. Give time for questions to develop their understanding.</p> <p>Remind the children that these questions need to be respectful but that it is important to develop our knowledge to show understanding and compassion.</p> <p>Discussion: If we were having a difficult time like Lily, what could we do to be kind to ourselves? How would we like others to help us/ support us? Can we offer the same kindness to others that we would want?</p> <p>In the book Lily stammers and finds herself. She finds her brave Discuss the 'Find your brave' activity sheet.</p>			
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