SWINDON TRANSITION TO ADULTHOOD STRATEGY



Bath and North East Somerset, Swindon and Wiltshire Clinical Commissioning Group



2020-2024



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• FOREWORD

David Haley, Director of Children's Services

Swindon Children, Families and Community Health Service and Adult Social Care working in Partnership with our Health colleagues within the Bath and North East Somerset, Swindon and Wiltshire CCG are strongly committed to improve the outcomes for children and young people transitioning into adulthood. Our mission is to ensure that the pathways into adulthood for all young people are understood, robust and are supported by partners across the whole sector including our education providers and settings. The strategy sets out how we will work together to provide key resources that enable young people to achieve their goals and aspirations. We are committed to reviewing the strategy on an annual basis and to hold everyone to account for their role in the young person's transition journey. This will ensure that young people can thrive during an exciting time in their life.

Sue Wald, Director of Adult Social Care

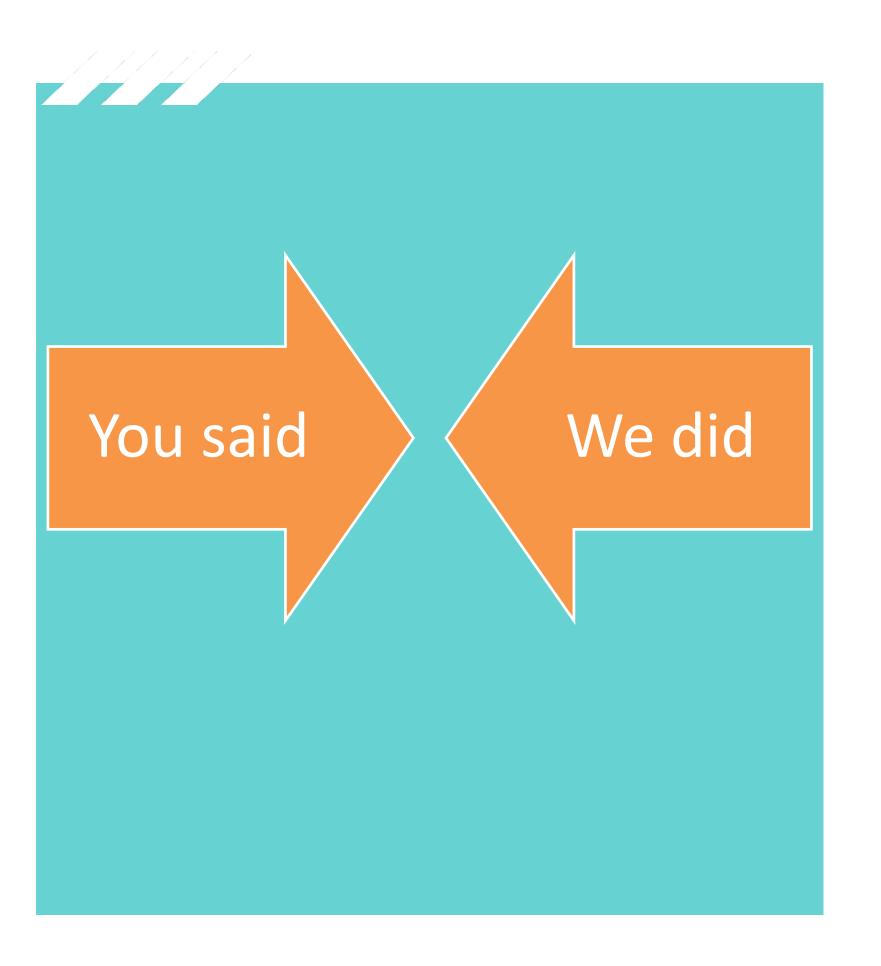
This new Transitions Strategy seeks to set out the support that is available for Children, Young People and their families. We are confident that with high aspirations, and the right support, the vast majority of Children and Young People can go on to achieve successful long-term outcomes in adult life. The Strategy sets out to ensure that everyone involved in Transitions is clear about the specific roles and responsibilities of all the key agencies so that we can work together in partnership with parents and carers to support the young person at the centre of this process. It is intended to be the driving force for improving Young People's experience of transition in Swindon.

Gill May, Director of Nursing & Quality – Bath and North East Somerset, Swindon and Wiltshire (BSW)

The true essence of getting us where we need to be in Swindon in terms of the delivery of services for Children and Young People with SEND and their families lies in Co-production. This will be at the heart of our journey on this integration agenda. The voices of families will be heard and shared via the Designated Clinical and Medical Officers, who represent these on a strategic level across the whole local area. These will inform our ambitions, commitment to deliver, and obsessions, informing stakeholders' understanding of the current impact of the difference of our interventions on Young People and required improvements on our journey.







In Swindon, we take the view of 'you said....we did' into all work we undertake. Following on from conversations with Young People, their families and carers and listening to your experiences of transitioning to adulthood we have learnt of times when this process has not been as smooth as we would have liked and we are doing something about it.

This strategy is also linked to the new **SEND Inclusion Strategy** launched in February 2020. Both strategies, emphasize the importance of joint agency working and supporting mainstream inclusion to support Young People with SEND.

SO WHAT?

people.

If you do not feel we are getting it right, please use the Local Offer to get in touch with the relevant person to discuss the situation and seek help.

WHY IS THIS STRATEGY NEEDED?

This document will be a key training tool and manual for staff and partners to ensure we are getting it right for young

The strategy sets out how we will work with young people in the future so we can be accountable to you to ensure we are ALL getting it right.

"To ensure Young People and their families in Swindon have a smooth and supported transition into Adulthood, by working together, setting out clear plans created in a person centered approach, enabling them to make a difference in their world and to reach their full potential"

OUR VISION

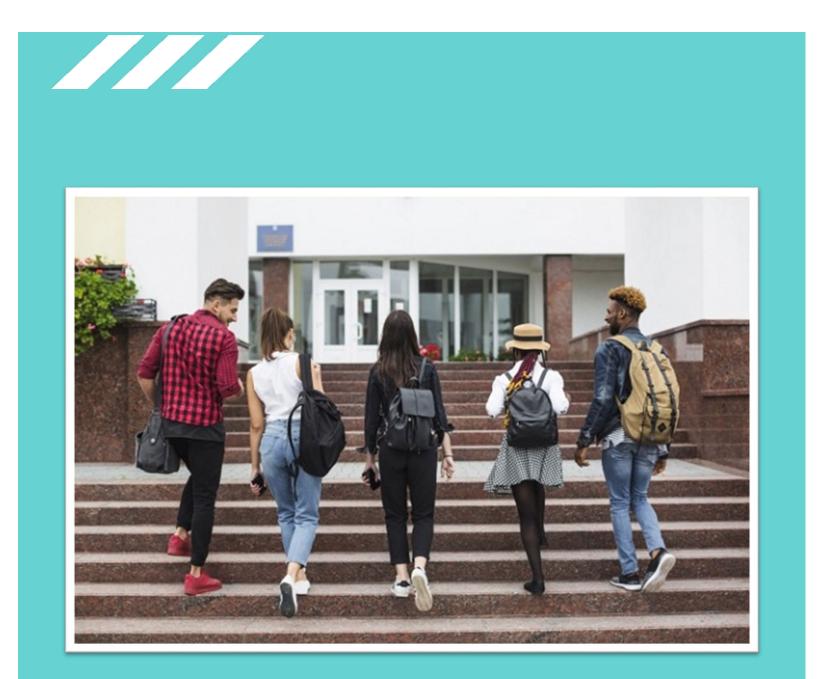
OUR COMMITMENT TO WORK TOGETHER



- plan
- Agencies are committed to work together in a joined up approach to meet the outcomes of the Young People
- What if things do not go right...
 - Professionals working with the Young Person and their family will work with them to try to resolve the particular issue and find a way forward
 - Agencies will take steps to improve services through continuous learning and improvement
 - Agencies are committed to making it easy to get in touch to resolve issues, make complaints or find out information



• Putting Young People and the families at the centre of what we do and how this is delivered • We are committed to continuous improvement and regularly reviewing the strategy and action



WHO IS THIS STRATEGY FOR?

Within this strategy when we talk of transition we are referring to a coordinated, person centred, multi-agency process of change in a young persons life into adulthood.

The transitions process is governed by legislation and statutory guidance as outlined in the 'Helpful Resources' page. The transitions process starts at age 14 and continues until age 25.

For those Young People who do not receive direct resources from Swindon Borough Council we will ensure they are still provided with an information and advice service and supported in their pathway planning from age 14. Young People and their families can access The Local Offer which has a range of local resources available to access.

The Transition Strategy applies to the following Young People: • Young People with Special Educational Needs (SEN) and/or a disability (learning disability, physical or sensory impairment and/or mental health issues) and Young People with a complex long term health condition.

• Children in Care who have been or are currently 'looked after' by Swindon Borough Council as defined in the Childrens Act 1989 • Care Leavers of Swindon Borough Council • Young people accessing Health Services

THE FACTS

ADULT SOCIAL CARE

- Number of young adults supported by the Learning Disability team has increased by 23% since 2014 and now supports 208 18-25 year olds
- The Learning Disability team budget is £28 million a year which includes spend on placements and support service to enable Adults with LD to live as independently as possible
- The Transitions team has grown considerably from 5 members of staff in 2015 to now 18

SPECIAL EDUCATIONAL NEEDS

- 10.2% of children and Young People with an EHCP receive provision at Post 16 further education or 6th form vs 14.8% in England
- 1,987 Pupils have an EHCP. 3.9% of Swindon school population vs 3.1% in England
- Swindon has 8 Post 16 Colleges and Sixth Form schools

HEALTH

- aged 16-17

- After CLA")



866 Children and Young People were seen by the GWH Community Paediatrics Service in 2019/20 and 6% of these were aged 16-17

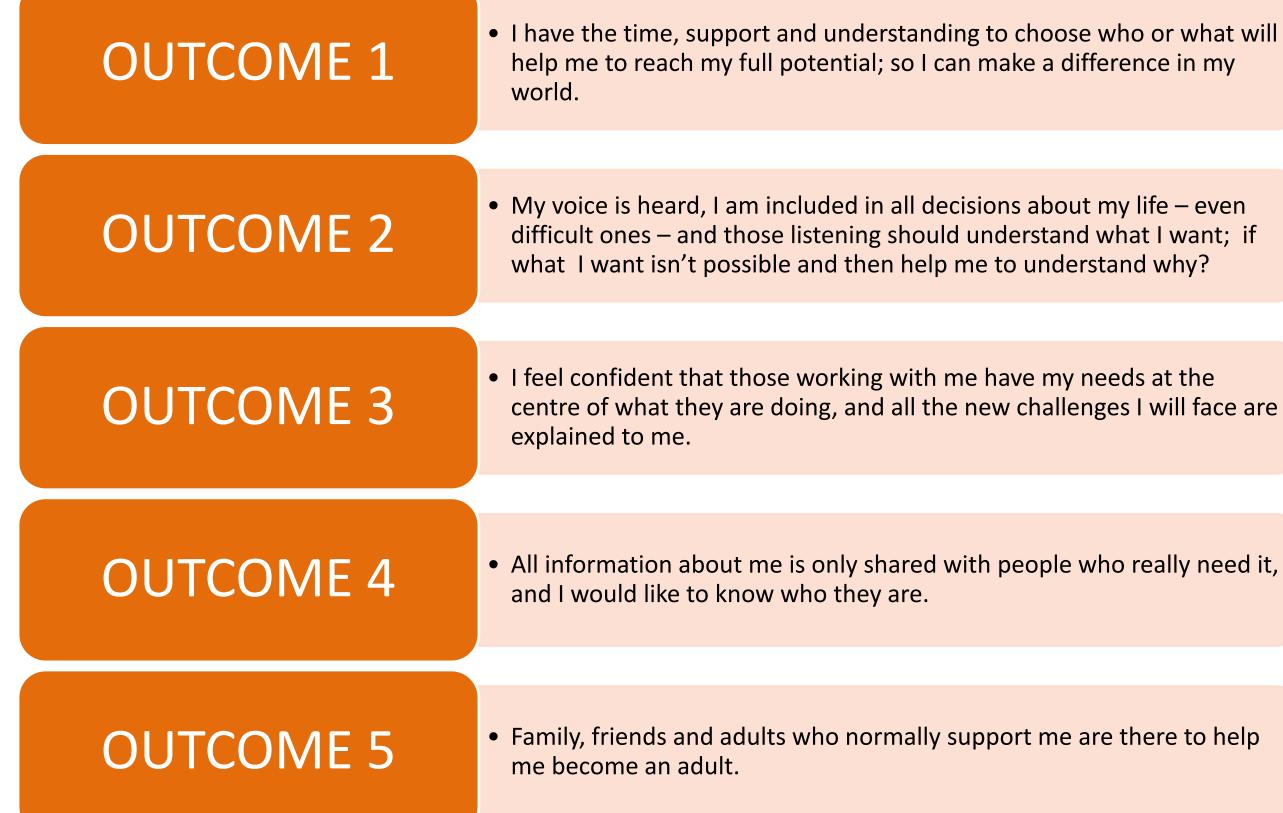
There are 39 Children and Young People who are eligible under the GWH Complex Continuing Care team, 5% are

Community Outreach Service 16-17 y/o: 3 Oncology (8%), 53 Diabetes (28%), 4 Generic (9%), 3 Cystic fibrosis (14%), 28 Epilepsy (Swindon and Wilts) (6%)

CHILDREN LOOKED AFTER AND CARE LEAVERS Swindon has 305 children in care (or "Children Looked

25% of our children looked after are aged 16 or 17 There are 234 Care Leavers, and 64% of them are in some form of education, employment or training (EET)

WHAT ARE THE OUTCOMES AND HOW DO WE KNOW IF WE ARE GETTING IT RIGHT?



These outcomes were generated by Young People during a workshop hosted and facilitated by the Swindon Borough **Council commissioned** provider: STEP



WHAT ARE THE KEY PRIORITIES FROM PARENTS AND CARERS?

Young People and their families will be made to feel that they matter and that no young person is missed in the process Assign a 'Trusted Adult' who Young People and their families can access when they need help

A range of options for Education, Training and Employment and meaningful activity to enable a Young Person to reach their goals are offered and explored aged 16 by all agencies involved

Young People, parents and carers will be involved in the transition, either by representing themselves or using advocates

Assessments will be joined up so a Young Person's story doesn't have to be told multiple times Ensure there is a planned handover and phased introduction to the new professionals from Adult agencies

Key Priorities were generated by Parents and Carers during workshops with Swindon SEND Families Voice

Information and guidance will be in a easily accessible format, presented in a variety of ways and platforms such as newsletters, web content (Local Offer), leaflets

Young People and families will be supported to access helpful resources that can help during transition

Clear information, criteria for services and expectations from professionals involved in the transition process will be given in a timely manner at age appropriate times in a joined up approach

KEY TRANSITION EVENTS

TRANSITIONS ROADSHOW

Annual event for parents, carers and professionals who support Young People age 14+ with additional needs to prepare for adult life. 40 organisations including Health Services who provide support and services for Young People. Information is on the Local Offer click here



David Haley, Director of Childrens Services and Swindon SEND Families Voice at the 2019 Transitions roadshow

PLANNING LIVE



Is offered to Young People with additional needs to support them to think about what a good life might look like as they approach adulthood. It is focused on strengths and abilities, and explores housing, health, independence and social life and activities, thinking about their options and the support they might need to achieve their ambitions. Information on the Local Offer click here



Swindon Mental Health Support Teams in Schools (MHSTs) **Trailblazer Programme**



Believe in children Barnardo's



What is the Trailblazer Service?

As part of the government's vision to expand mental health support for children and Young People, Swindon was chosen as one of only 25 sites in the country to pilot this exciting initiative. The project has 3 dedicated Mental Health Support Teams (MHSTs) working directly with Children and Young People in 40 schools and colleges across Swindon with the model being delivered collaboratively by BSW Clinical Commissioning Group and the national charity Barnardo's.

What are the MHSTs?

- mental health issues
- organisations.

How do MHSTs support transition?

The Swindon ambition is to give children and Young People the right support at the right time to provide the best start in life. The MHSTs in partnership with TaMHS and CAMHS are committed to transforming the lives of children and Young People across Swindon through early intervention and mental health support in preparation for leading healthy adult lives.

Support children and Young People aged 5 -18 with mild to moderate

Help children and Young People with more severe needs to access the right support for them and provide a link to specialist NHS services or

Provide meaningful support and up skilling staff to be more confident with supporting children and Young People within a school setting. Build on support already in place from school counsellors, nurses, educational psychologists and the voluntary sector.

TRANSITIONS PATHWAY: CHILDREN WITH ADDITIONAL NEEDS AND OR SEND

Year 8 (12-13)

PREPARATION FOR TRANSITIONS

• Young people with additional needs identified by during a statutory review (depending on child status)

- Parents and Young People informed of transition planning process & the support available by SENCO's during the annual review
- Health and Social Care input to the EHCP annual review

• Person Centred approach and Preparing for Adulthood outcomes introduced – this could be via a Planning Live event

Year 9 (13-14)

TRANSITIONS WORK **BEGINS**

- Statutory review completed *depending on* Child Status (EHCP, CLA Review, CIN review)
- Start completing the Preparing for Adulthood section of the EHC Plan this could be via a Planning Live event
- For Young People with health needs accessing services in Hospital use Ready Steady Go (RSG) via **Great Western Hospital**
- Statutory team consider young person's likely care & support needs post aged 18 including Care Act eligibility
 - Any professional or parent refer to Adult **Social Care Transitions** Team for involvement and invite Transitions Team to Annual Review if appropriate

Year 10 (14-15)

TRANSITION REVIEWS

- Review all existing service provision across education, health (using Ready Steady Go) & social care during relevant statutory review (dependent on child status)
- Professional Lead consider future support needs as an Adult (including employment, independent living, health and social life)
- Young Person and their parents/carers consider preferred options for Post 16 education provision (from the EHCP annual review if they have one)
- Any professional or parent refer to Adult **Social Care Transitions** Team for involvement and invite Transitions Team to Annual Review if appropriateif missed in Y9

Year 11 (15-16)

TRANSITIONS PLANNING

- Young People and their families visit preferred post 16 education providers to make a choice
- SEND team consult and name relevant providers for post 16 education provision for those with a EHCP by **31**st March
- Continue to invite relevant professionals to statutory review
- Update the Preparing for Adulthood section of the EHCP
- Clearly identify outcomes for young person
 - Family members, individual workers/service agree and action plan to meet outcomes and document timescales on relevant IT platforms

Ages 19-25 - PLANNED CONTINUATION OF ADULT SERVICES

Any additional services required are alerted and referred too SEND Team still involved if in education or training and have a EHCP, Planning Live event to inform transition to Adulthood

Year 12 (16-17)

TRANSITIONS ASSESSMENT

- Continue statutory reviews
- Care Act Assessment to be arranged at age 17 with **ASC Transitions Team**
- If Care Act eligible Support Plan to be completed by ASC Transitions Team and agree appropriate actions e.g. accommodation, education provision as appropriate, if not Care Act eligible Transitions Team offer signposting to YP and their family with support of other agencies involved
 - Plan transition to appropriate adult health services using **Ready Steady Go**
 - Planning live event to inform transition to Adulthood

Year 13 & 14 (17-19)

- TRANSFER TO ADULT SERVICES ON 18TH **BIRTHDAY** (If care act eligible)
- Continue statutory reviews
- Adult Social Care Annual **Review & Support Planning** to be completed
- Parents / carers offered a Adult Social Care Carers Assessment by **Transitions Team**
- SEND Team still involved if in education or training and have a EHCP
- Planning live event to inform transition to Adulthood
- Transitions worker ensures timely referral to **Citizens Advice Welfare** Benefits Adviser so that individuals can maximise their income, at https://www.citizensadvi ceswindon.org.uk/
- If young person accessing health services including CAMHS / TAMHS follow this process

TRANSITIONS PATHWAY: CHILDREN IN CARE AND CARE LEAVERS

Year 11 (15-16)

• PREPARATION FOR TRANSITION

•The young person's Social Worker will be responsible for coordinating and completing the Initial Needs Assessment which should be no more than 3 months after the YP's 16's birthday, or after they become Eligible or Relevant if this is later

 The Needs Assessment will inform the development of a <u>Pathway Plan</u> which will be based on and include the young person's Care Plan.
 <u>Pathway plan</u> completed by Social Worker at 15 ³/₄

 Social Worker arranges
 <u>Planning Live</u> event to link in with pathway plan
 Allocated Social Worker <u>refer</u>

to Adult Social Care Transitions

if the young person has additional needs and a referral has not already been made

Year 12 (16-17)

• TRANSITIONS WORK BEGINS

• <u>Pathway plan</u> review takes place every 6 monthly where a young person is either Eligible or Relevant as defined by the Leaving Care Act 2000.

- At 16 a Personal Advisor is allocated to co-work with the Allocated Social Worker until 18.
- Between 16 18 yrs Personal Advisor will be in regular monthly contact with and will offer support, advice and guidance to ensure that young person's views are clearly recorded to inform the pathway plan.
- Allocated Social Worker refer to Adult Social Care <u>Transitions</u> if the young person has additional needs and a referral has not already been made

Year 13 (17-18)

• TRANSITION REVIEWS

- <u>Care Act Assessment</u> to be arranged as appropriate with ASC Transitions Team if the YP has additional needs
- If <u>Care Act eligibility</u> is met: Support Plan to be completed by ASC Transitions Team and agree appropriate actions e.g. accommodation, education provision as appropriate, if not Care Act eligible Transitions Team offer signposting to YP and their family with support of other agencies involved
- 6/9 months prior to young person turning 18 Allocated Social Worker will need to present case to the Care Panel for funding agreements.

Age 18-21

• TRANSITION TO ADULTHOOD

- YP who are <u>Care Act Eligible</u> will transfer to ASC Transitions Team on their 18th birthday. This includes financial responsibility for the young person's support package and placement where Care Act eligibility has been met
- If not Care Act eligible Transitions Team offer signposting to YP and their family with support of other agencies involved (This will not affect the care leaver status)
- Personal Advisor (PA) will cowork with the ASC Transitions worker and take lead and responsibility in the Updating of the <u>Pathway plan</u> until young person's 25th birthday.
- Personal advisor to support young person to apply for relevant benefits that the young person is entitled to (18+)
- If YP is accessing health services including CAMHS / TAMHS follow this process

Age 21-25

• TRANSITION REVIEWS

- Continue statutory reviews by Personal advisor i.e. <u>Pathway</u> <u>plan</u> and by ASC Transitions Team i.e. annual care plan reviews where <u>Care Act</u> eligibility has been met.
- <u>Planning Live</u> event to inform transition to Adulthood to link in with Pathway Plan review
 - Any additional services required are referred to
- Leaving Care Team will remain involved and will work with the ASC Transitions Team (if eligible).
- Transitions worker ensures timely referral to Citizens Advice Welfare Benefits
 Adviser so that individuals can maximise their income, at <u>https://www.citizensadvicesw</u> <u>indon.org.uk/</u>"



TRANSPORT

Education Transport Policies

There is a new transport policy which was coproduced and designed with the Swindon SEND Service and Swindon SEND Families Voice in July 2020

You can download the new Home to School Transport Policy 2021-22 on the local offer

Key features for post 16 transport:

- establishments

• The local authority has a duty to provide

transportation arrangements in order to facilitate the attendance of all persons of sixth form age (16-19) receiving education or training and those aged 19-25 who have a EHCP to attend qualifying

• Information about bursaries for 16-19 year olds Information on discretionary support funds, care to learn funds and apprenticeships and traineeships • Information on bus passes and railcards and how to apply, appeal and complain.

ACTION PLAN – how we can measure that we are making a difference

Outcome – set by Young People	Priority – set by Parents and Carers	Action	Delivered by whom	Target date
I have the time, support and understanding to choose who or what will help me to reach my full potential; so I can make a difference in my world.	•Clear information, criteria for services and expectations from professionals involved in the transition process will be given in a timely manner at age appropriate times in a joined up approach	Circulate the transition protocols and pathways to relevant teams ensuring that staff are aware of their duties and ensure these are carried out at appropriate times to support transition to adulthood	Commissioning and the following teams: Leaving Care, Children in Care, SEND, DCT and Transitions Team	January 2021
		Produce case studies (positive / challenging) on the pathway and lessons learnt	Swindon SEND Families Voice	March 2021
		Ensure other vulnerable groups have access to information to support a successful transition	The Local Offer website	Completed
	•A range of options for Education, Training and Employment and meaningful activity to enable a young person to reach their goals are offered and explored post aged 16 by all agencies involved	Produce the Moving On Booklet for post 16 options including: employment, education and training opportunities and circulate to relevant schools, colleges and providers	SEND Team	July 2021
	 Information and guidance will be in a easily accessible format, presented in a variety of ways and platforms such as newsletters, web content (Local Offer), leaflets 	Ensure all material is in a easy to read version, on local offer, be creative - use videos, translation can be provided if required - could be accessed via people already in the system	SEND, DCT, Children in Care, Care Leavers and Transitions Teams	n/a
My voice is heard, I am included in all decisions about my life – even difficult ones – and those listening should understand what I want; if what I want isn't possible and help me to understand why?	•Young People and the families will be made to feel that they matter and that no Young People are missed in the process	All professionals involved in transition are trained in the relevant protocols and work together to explain how services will change for the Young Person (explain what services will cease, and what will replace the service or if they do not qualify what else?) – this is also an action under CIC partnership	SEND, DCT, Children in Care, Care Leavers, Health Care Professionals and Transitions Teams	Ongoing
	 Young People , parents and carers will be involved in the transition, either by representing themselves or using advocates 	Ensure all Young People go through 'Planning Live' to ensure their transition plans involve the young person and their views and wishes are heard and planned into their transition.	SEND, DCT, Children in Care, Care Leavers and Transitions Teams	Ongoing
I feel confident that those working with me have my needs at the centre of what they are doing, and all the new challenges I will face are explained to me.	•Ensure there is a planned handover and phased introduction to the new professionals from Adult agencies	All professionals involved in transition are trained in the relevant protocols and work together to explain how services will change for the Young Person (explain what services will cease, and what will replace the service or if they do not qualify what else?) – this is also an action under CIC partnership	SEND, DCT, Children in Care, Health Care Professionals, Care Leavers and Transitions Teams	Ongoing
All information about me is only shared with people who really need it, and I would like to know who they are.	•Assessments will be joined up so a Young Person's story doesn't have to be told many times – increase the use of planning live	use 'Planning Live' event information to share with relevant professionals - ensure this is shared with the Young Person so they know who and why their information is being shared. Build information sharing into the transitions training for professionals and templates for information to share included in the transitions strategy	Transitions Team	Ongoing
Family, friends and adults who normally	 Young People and their families will be supported to access helpful resources that can help during transition 	Ensure that the relevant pathway document is shared and explained to Young People and their families, offering help should they need it or if something goes wrong - families know how to get help or complain	SEND, DCT, Children in Care, Health Care Professionals, Care Leavers and Transitions Teams	Ongoing
support me are there to help me become an adult.	 Agree a 'lead professional' who Young People and their families can access when they need help 	Transitions Sub-group to agree the approach and how this will be embedded in the pathway and included in training and monitored during the first year of the launch of the strategy taking on lessons learnt and how to change practice	SEND, DCT, Children in Care, Health Care Professionals, Care Leavers and Transitions Teams	Ongoing

HELPFUL RESOURCES

SPECIAL EDUCATIONAL NEEDS

- <u>SEND Local Offer</u>
- <u>Swindon SEND Families Voice</u>
- **<u>STEP</u>** to support the voice of children and Young People
- **SEND CODE** easy to read version
- <u>Children and Families Act 2014 Young Persons Guide</u>
- SEND Strategy

Transport Policies

TRANSITIONS TEAM – ADULT SOCIAL CARE

- Adult Social Care Local Offer
- The Care Act 2014
- Adult Social Care Strategy
- Adult Safeguarding
- <u>Planning Live</u>
- Joint Strategic Needs Assessment
- <u>Welfare Benefits guidance</u>

CHILDREN IN CARE AND CARE LEAVERS

- Care Leavers Local Offer
- Child Protection
- Childrens Act 1989
- Children in Care Council -

HEALTH

- <u>Ready Steady Go</u>
- <u>CETR-LD/Autism</u>

- <u>NHS Long-Term Plan</u>
- Local Offer health Pages

• Children Leaving Care Act 2000

challengeandparticipation@swindon.gov.uk

• Swindon Safeguarding Partnership

Health Transitions Process

• CYP Mental Health Strategy (due January 2021)

GET INVOLVED

CHILDREN IN CARE COUNCIL

The Children in Care Council is a group of children and Young People who come together monthly to share their experiences and, as a group, talk about how things could work better for children in care with Swindon. It is also a place where you can meet and have fun with other children and Young People who are also in care with Swindon.

If you would like more information or to join the Children in Care Council please email us at <u>challengeandparticipation@swindon.g</u> <u>ov.uk</u>

STEP

STEP is a registered Charitable Incorporated Organisation (CIO), to provide therapeutic support to children and Young People across Swindon. The children and Young People referred to STEP are experiencing isolation and exclusion due to their lack of social skills, personal circumstances or poverty.

They run groups and offer support to children and Young People and get involved in commissioning services.

Email: <u>swindonsteppad@aol.com</u> Phone: 01793 714042 https://www.swindonstep.org.uk/

SWINDON SEND FAMILIES VOICE

SSFV is a Parent Carer Forum in Swindon for parents and carers of children with SEN and Disabilities. They support families with hosting free workshops, support groups and offering 1:1 support and opportunities to get involved in decisions affecting services accessed by CYP and their families.

Email:

swindonsendfamiliesvoice@outlook.com
https://swindonsendfamiliesvoice.org.
uk/

GLOSSARY – Understanding the Jargon....

Acronym	Explanation	Acronym	Explanatio
ЕНСР	Education, Health & Care Plan – new statutory process for jointly assessing special educational need alongside any health and social care needs and agreeing support. To be reviewed at least annually and adjusted as necessary.	LDA	Learning D document person req phased out
EHR	Early Help Record – if a child does not meet the criteria for an EHC Plan but they have additional needs the school can use the Early Help Record process to bring all relevant parties together to discuss and record the child's needs, aspirations and support provided. This can then be reviewed regularly and adjusted as necessary. If further support is needed the Early Help Record will form the basis of an application for an EHC Assessment. Please also see Early Help Hub	CLA	Child Looke Authority ii
CIN	Child in Need (Children Act, 1989) – a child who is unlikely to achieve or maintain, or have the opportunity of achieving or maintaining, a reasonable standard of health and development without the provision of services by a local authority under this part of the Act – includes some children with disabilities	PEP	Personal Ec statutory re age 18
SEND	Special Education Needs and Disabilities	<u>SENDIASS</u>	Special Edu
Trailblaz er (MHST Project)	The Barnardo's Trailblazer Mental Health Support Teams (MHST) in schools provides low to moderate interventions and support to children and Young People and education staff across Swindon in 40 schools and colleges.	<u>TaMHS</u>	Targeted M health need earliest opp health inte Mental Hea
IAG	Information, Advice & Guidance – usually provided via school	<u>CAMHS</u>	Child and A and persist
СС / СНС	Children's Continuing Care / Continuing Health Care – Funding from the NHS for people with severe complex health needs who require on-going nursing support	ΙΑΡΤ	Improving <i>i</i>
MASH	Multi Agency Safeguarding Hub	CETR	Care and E
ΡΑ	Personal Advisor for Care Leavers	ΥР	Young Pers

on

Difficulties Assessment (s139a Learning & Skills Act, 2000) – a statutory t and forms part of the MOP. It states the level of support a young quires in any post 16 education setting such as a college. It will also be ut as the EHC Plans are introduced over the next few years.

ked after (Children Act, 1989) - A child in public care of a Local in accordance with section 22 of the Children Act 1989

Education Plan - the PEP is an integral part of the care plan and is a requirement for all looked after children from pre-school (aged 3) to

lucational Needs and Disability Information Advice and Support Service

Mental Health Service - aims to ensure that the emotional and mental eds of children and Young People are appropriately dealt with at the pportunity. This is the single point of access for requests for all mental erventions including specialist services (i.e. Child and Adolescent ealth Services, including Learning Disability CAMHS).

Adolescent Mental Health Service – a service for more severe, complex stent disorders that cannot be dealt with by TaMHS.

Access to Psychological Therapies

Education Treatment Review

rson