

Making those tricky journeys a little bit easier



How to support children and young people that have special educational needs and disabilities

Making those tricky journeys a little bit easier



Our children and young people have all different kinds of needs

Most of the time, when you drive our children and young people, the journey is seamless with no issues. But from time to time, we are aware that things don't go as smoothly as we would all like them to! We have put together this leaflet to help make those tricky journeys a little bit easier.

We want to share our experience with you to help you to understand our children and young people a little more, because we believe that by understanding them better, it will lead to a better experience for everyone.

Some have a formal diagnosis such as Autism and ADHD, others are waiting for a diagnosis, and some families don't ever find out why their children and young people have additional needs.

Whilst some of the behaviours they display may seem 'disruptive' and 'annoying', it is important to understand that these behaviours are out of their control. Therefore, getting upset and cross with them is unfair and will not resolve the situation.

Some of the behaviours our children & young people may display...



All our children and young people are different and unique, so you may see some of these behaviours, or you might see some that aren't on the list! The important thing to remember is that it's not their fault.





Top tips on how to support

our children & young people

whilst they are in your vehicle



Talk to our
children and
young people
in a calm,
friendly way



Please remember that these behaviours are often as a result of a specific condition or emotional difficulty

Some of our children and young people may take what you say in the most literal sense, and so you should choose your words carefully

Avoid using controlling behaviour but be clear and firm that this is what you want the passenger to do - ie. "I need you to sit down and put your seatbelt on please"

Avoid using phrases such as "don't be silly" as this can have a negative effect on the self-esteem of the person you are speaking to

Be patient, polite and kind to all our children and young people Speak clearly
and plainly,
avoid using
jargon of any
kind





Respond positively to good behaviour and show the acceptable ways of communicating



Do not use any language that is demeaning or derogatory

Notes

something comes up during your shift that you would like upport with, write down the question here and email us later!		
Ve will be happy to help.		
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If you would like any further information on ways to help support our children and young people whilst in your vehicle, please contact us:

Email swindonsendfamiliesvoice@outlook.com

www.swindonsendfamiliesvoice.org.uk



SwindonSENDFamiliesVoice



