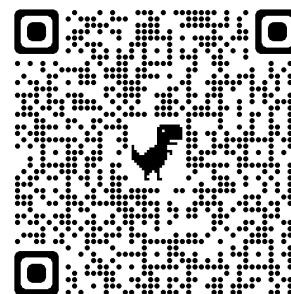


## As a Family Safeguarding Team, we make the following commitments to you:

- We always want the very best for you and your children
- Our team members will work with you to understand your family's strengths and needs
- We will work with you to develop and agree the plan to help you
- We will do all we can to keep your family together where it is safe to do so
- We will always work as one team so you get the support you need in a timely way
- We can provide you with support from a range of professionals so that we can work together on all the issues that you are experiencing
- We will recognise what you and your family do well, and we will help you build on those strengths and support you to be the best parent that you can be



Avon and Wiltshire **NHS**  
Mental Health Partnership NHS Trust



Drug and Alcohol Service

## Family Safeguarding

This leaflet is for the families we work with and sets out what you can expect from your family safeguarding social worker.

Visit [www.swindon.gov.uk](http://www.swindon.gov.uk) to pay us a compliment or make a complaint or call **01793 463267 / 01793 466922**

\*\*With thanks to our Family Advisory Board for helping us to create this leaflet.



**We know that families face challenges that make parenting even more difficult, however, we also believe that every family has their strengths.**

### **What is Family Safeguarding?**

Family Safeguarding is a different way of working with families. It's different because it brings together one team of workers with a range of skills and knowledge who all work closely together with your family to offer help and support around a wide range of problems. Our aim always is to help you as a family stay together wherever possible.



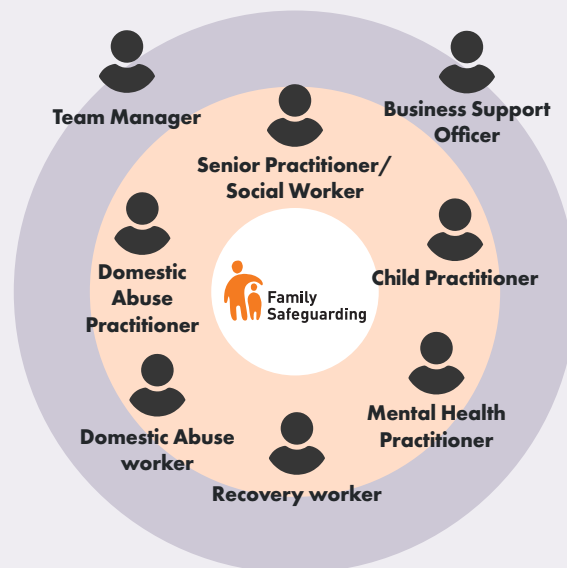
### **Who will I be working with in the Family Safeguarding Team?**

Depending on your challenges, you may work with:

- **A social worker** – who will support you to make changes to improve things for your family and who will always be in your team.

And depending on what you need help with, this could also be:

- **A family support practitioner** - who will give you and your child practical, one to one support.
- **A domestic abuse practitioner** – who will help you if you have, or are, experiencing domestic abuse.
- **A domestic abuse worker** – who will help you if you have been abusive within your relationship.
- **A recovery worker** – who will help you if you are experiencing difficulties with drugs or alcohol.
- **A Psychologist and an Assistant Psychologist** – who will help you if you are experiencing mental health difficulties.



As a team of different workers we can work together to make sure you get the right help and support when you need it.

### **Why should I work with the team?**

Our team will work together with you to agree on what needs to change and how to support you to make these changes.

Our team will:

- help you best support your child and support you to make positive changes in your life
- show you how to improve the emotional wellbeing of your family
- help you learn about healthy relationships to recognise what they look like

Our team are kind and compassionate and will work together with you to support your family. They won't judge and they always want to do what is best for you.

### **How long will I get help for?**

You will talk to your family safeguarding social worker about the help you want. Together, you will create a plan, so you'll know what support you can expect to receive.

### **Will the team show me what they write about me?**

Yes. You can always ask your social worker to see what has been written about you.

