

SEND NEWS SPLASH

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Swindon SEND Families Voice team members, Nausheen and Jacqui, had a go at sharing their personal experiences of what it's like to have children with additional needs, how they reach out to all corners of our community and why the group was formed as part of this podcast. It was their first time trying something like this and it is totally unscripted.

LISTEN BELOW!!

You can download the whole podcast via the following links:

[Apple podcasts](#)

[Spotify](#)

Sleep apnoea and CPAP project

The sleep apnoea and Continuous Positive Airway Pressure (CPAP) project is about supporting people with a learning disability and help autistic people who use CPAP machines to do so more effectively.

The project team want to hear from people with a learning disability, autistic people, carers and health professionals to find out the barriers and enablers for people when using CPAP machines.

This information will then be used to design resources to support people with lived experience, paid and unpaid carers and health professionals to use CPAP machines as prescribed.

Sleep apnoea is when your breathing stops and starts while you sleep. The most common type is called obstructive sleep apnoea (OSA). Sleep apnoea needs to be treated because it can lead to more serious problems.

Please could you share the following survey links and the focus group invitations amongst your networks. Please note the focus groups are open to people with lived experience, paid and unpaid carers and health professionals.

If you have a learning disability or you are autistic and you have been asked to use a CPAP machine please could you complete this survey. [A survey about sleep machines \(surveymonkeys.com\)](https://surveymonkeys.com/surveys/CPAP-support-materials-carers-survey)

If you support someone who uses, or should use, a CPAP machine, please could you complete this survey: [CPAP Support Materials Carers Survey \(surveymonkeys.com\)](https://surveymonkeys.com/surveys/CPAP-support-materials-carers-survey)

Click on the following link for an invitation to take part in a focus group. The flyer also includes more information on sleep apnoea and CPAP machines: [Sleep apnoea and CPAP machine flyer and focus group invitation](#)

Contact the SEND Service

To speak to a member of the SEND Service, please call 01793 464641 (during usual working hours) and we will answer your query in 48-96 hours.

Telephone lines are open Monday to Thursday 8am-5pm and 8am-4:30pm on Friday. Alternatively, you can email SENDSERVICE@swindon.gov.uk.

For more information, please visit the Meet the SEND Service page on the Local Offer.

[Please subscribe to the Local Offer YouTube channel here](#)

