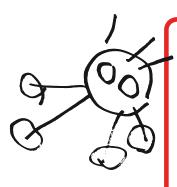
SUITABLE EDUCATION Aged 4-5

Personal, Social, and Emotional Development

Aim: Help your child to develop self-regulation and build positive relationships with others.

- Role-play activities
- Involve the child in household routines
- Create a daily chart for morning routines to foster independence and responsibility.
- Cooking, gardening, building, and art projects.
- Visiting museums, libraries, parks, and local businesses





Communication and Language

Aim: Develop the child's ability to communicate effectively and expand their vocabulary.

- Read aloud to the child every day and encourage them to ask questions about the story.
- Encourage the child to retell stories in their own words, using toys or puppets.
- Create a simple storybook together with drawings and words.
- Engaging in creative writing.
- Introduce phonics (sounds and letters), early reading, and writing. Use phonics games, and interactive apps (e.g., Phonics Play) to reinforce letter sounds.
- Focus on letter formation, rhyme, and beginning to write simple words.



Math

Aim: Build the child's early numeracy skills, including basic counting, addition, and subtraction.

- Use real objects (e.g., fruits, toys) for counting, adding, and subtracting exercises.
- Introduce shapes and patterns using toys like LEGO blocks.
- Involve the child in simple measuring tasks (e.g., measuring ingredients for baking, counting spoons for a recipe).
- Playing math games.



Physical Development Aim: Develop both fine and gross motor skills through physical play and activities such as jumping, running, and climbing, using scissors, drawing, or threading beads.

Expressive Arts and Design Aim: Engage in creative arts like drawing, painting, and sculpting with clay, music and dance.





SUITABLE EDUCATION Aged 5-1

English

Aim: Develop the ability to read fluently, write for different purposes, and communicate effectively

- Daily Reading: Read books aloud and discuss the content with the child. Ask them questions about the plot and characters.
- Writing Practice: Encourage the child to write short sentences, simple stories or fact sheets using proper punctuation and letter formation. Introduce phonics for spelling and reading.
- Write a postcard or letter to a friend or family member and encourage them to read and respond.

Matl

Aim: Strengthen understanding of number recognition, basic arithmetic, and mathematical concepts.

- Work with numbers up to 100, focusing on addition, subtraction, multiplication, and division.
- Practice number recognition and counting with everyday objects (e.g., toys, fruit).
- Introduce basic addition and subtraction with real-world examples (e.g., "If you have 3 apples and I give you 2 more, how many do you have?").
- Explore basic geometric shapes, measurement (length, weight, time) and fractions
- Involve the child in shopping activities to understand money and basic addition/subtraction (e.g., total costs of items).

Science

Aim: Help the child explore basic scientific concepts and foster a sense of curiosity about the world around them.

- Understand basic concepts of the physical world (materials, weather, seasons).
- Begin to explore animals, plants, and their habitats.
- Conduct simple experiments like mixing vinegar and baking soda to explore reactions.
- Start a plant-growing project and see the process of growth.
- · Create a weather journal to track daily observations of temperature, clouds, and other weather conditions.

Enrichment

History and Geography Aim: Introduce the child to key geographical features in their own community and local environment, and key historical events or figures.

Physical Education Aim: Foster physical health and fitness through structured physical activities.

Art and Design Aim: Engage in creative activities using a variety of materials (painting, drawing, building).

Languages Aim: Start learning basic phrases in a foreign language, understanding key structures and sentence formation.

PSHE Aim: To foster personal, social, and emotional development, promoting self-awareness, building relationships, and beginning to understand the concepts of health and well-being.



SUITABLE EDUCATION Aged 7-11

English

Aim: Encourage ability in reading, writing, and oral communication.

- Reading comprehension: Read books or articles on a variety of topics, then ask the child to summarise or discuss
 the key points.
- Expand vocabulary and range of punctuation.
- Writing tasks: Encourage children to write short stories, letters and reports, focusing on paragraph structure, spelling, and punctuation.
- Write a letter to a local business or a community group about a topic they care about (e.g., environmental issues).





Aim: Strengthen understanding of arithmetic, fractions, and basic geometry.

- Develop deeper understanding of addition, subtraction, multiplication & division using more formal written methods.
- Introduce more complex shapes, measuring angles, and converting measurements.
- Practice multiplication tables and division with real-world problems.
- Study more complex fractions and decimal calculations.
- Use a measuring tape and calculate area/length in home improvement tasks (e.g., measuring for furniture or curtains).



Aim: Develop a deeper understanding of the scientific method and key scientific concepts (e.g., forces, materials).

- Study living things, materials, forces, and simple scientific principles.
- Conduct simple experiments and observations.
- Experiment with simple circuits or magnetism using everyday materials.
- Create a scientific journal with drawings and notes on the experiments.





History and Geography Aim: Expand knowledge of historical events and geographical features across time and space.

Physical Education Aim: Encourage a balanced approach to fitness, teamwork, and coordination through physical activities.

Art and Design Aim: Continue developing creativity through drawing, sculpture, and more sophisticated techniques.

Computing Aim: Introduce basic coding, digital literacy, and safe internet use.

Languages Aim: Start learning basic phrases and simple sentences in a foreign language, understanding key structures and sentence formation.

PSHE Aim: To build on emotional literacy, self-awareness, and understanding of personal responsibility while beginning to introduce more complex aspects of social issues, financial literacy, and health education.







SUITABLE EDUCATION AGED 11-14

English

Aim: Develop advanced reading, writing, and speaking skills for deeper analysis and critical thinking.

- Focus on understanding a wider range of texts (fiction, non-fiction, poetry).
- · Develop writing skills across genres, with an emphasis on structure, argument, and analysis.
- Essay writing: Choose topics of interest and write essays to improve writing skills.
- Literary analysis: Read novels and poetry, and have discussions about themes, character development, and settings.
- Create a debate club at home with family members to practice presenting arguments on various issues.





Math

Aim: Deepen understanding of algebra, geometry, and statistics.

- Solve algebraic equations and understand concepts like variables and functions.
- Study geometry with hands-on activities like building models of geometric shapes.
- Create a budget plan for a family event, practising percentage calculations and cost distribution.
- Study fractions, percentages, and introductory statistics.
- Develop problem-solving and logical reasoning skills.

Science

Aim: Develop a solid foundation in physical sciences and the scientific method.

- Study biology, chemistry, and physics at a more detailed level.
- Investigate chemical reactions through safe experiments like mixing baking soda with vinegar.
- Build simple machines (e.g., pulleys or levers) to understand forces and motion.
- Explore renewable energy sources and create a model or presentation on sustainable energy solutions.



Enrichment

- History and Geography Aim: Expand understanding of world history and geographical processes by learning about world history, key events, and global issues.
- Physical Education Aim: Develop fitness, endurance, and team-building skills through a range of physical activities.
- Technology and Computing Aim: Study digital design, programming, and develop more advanced computing skills.
- Art and Design Aim: Work on more complex artistic projects using different media and techniques.
- Languages Aim: Develop more fluency in speaking, listening, reading, and writing.
- PSHE Aim: To deepen understanding of personal development, relationships, health issues, and economic awareness, while

introducing more complex concepts of citizenship, rights, and responsibilities.





SUITABLE EDUCATION AGED 14-16

English

Aim: Develop the ability to read, analyse, and evaluate texts, as well as write analytically and persuasively.

- Literary analysis: Read and analyse a wide range of literary texts (e.g., novels, plays, poetry), identifying themes, characters, and structure.
- Essay writing: Write in-depth essays focusing on critical analysis, interpretation, and evaluation of literature.
- Speaking and Listening: Engage in debates and presentations, developing clear, coherent arguments and improving verbal communication skills.





Math

Aim: Develop a deep understanding of algebra, geometry, statistics, and problem-solving.

- Study quadratic equations, trigonometry, and probability to build on higher-level mathematical concepts.
- Practice applying algebraic skills and functions in real-world contexts (e.g., calculating income tax or simple interest).
- Engage in more complex geometry problems, such as solving problems with angles and circles, and study coordinate geometry.

Science

Aim: Deepen understanding of scientific principles, including biology, chemistry, and physics, with a focus on experimental design and analysis

- Conduct practical experiments in chemistry (e.g., chemical reactions, acids and alkalis), biology (e.g., dissections, plant growth), and physics (e.g., forces and motion).
- Explore advanced scientific topics such as atomic structure, genetics, and electric circuits.
- Write up lab reports that demonstrate understanding of scientific processes and results, following correct methodology and analysis.



Enrichment

History Aim: Develop an understanding of key historical events, figures, and movements, and improve critical thinking through source analysis.

Geography Aim: Build an understanding of the physical and human aspects of geography, focusing on environmental issues and global development.

Physical Education Aim: Improve physical fitness, participate in organised sports, and understand the importance of a healthy lifestyle.

PSHE Aim: Develop knowledge and skills to make informed decisions about health, relationships, and financial well-being.

Languages Aim: Achieve a good level of proficiency in both understanding and communicating in the language.



