

Walk and Talk

Who can access it?

The walk and talk programme has been designed for young people aged 13 + who are out of education or home educated, its a chance for them to engage with others whilst exploring wellbeing and ways we can improve it. Below we have outlined who we are able to work with if you have any queries please feel free to contact us on outreachprojectme@barnardos.org.uk



Young people we can work with - They want to come and engage. They are home educated or not accessing education , in need of wellbeing support and social opportunities, would like to gain friendships and learn more about mental wellbeing

Young people will be individually assessed - If they are struggling to access education, are being excluded often, on a part time timetable, accessing other support , is displaying aggressive behaviour

Young people we are unable to work with (needs specialist support) If they are accessing YOT, awaiting court, under remand, gaining support through other services, concerns around criminal offending or risk of flight

