

Swimming Pool programme

School term time

	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
Mon			School		Masters	Lanes			Casual swim DB	DB		Diving club		Adult courses	
Tues	Lanes 7.00 - 8.30		School		Toddler Splash	Lanes			Junior courses	Casual swim		Aqua fit		Lanes	
Wed	Lanes 7.00 - 8.30		School		Ladies only lanes	Lanes			Casual swim					Diving club	
Thurs	Lanes 7.00 - 8.30		School		Toddler Splash	Lanes	Staff training		Junior courses	Casual swim		Club		Lanes	
Fri			School		Aquafit	Lanes			Casual swim DB	DB		Lanes		Club	
Sat	Diving club		Junior courses		Wet 'n' Wild	Casual swim DB	DB		Lanes			Gala / Private hire			
Sun		Lanes		Casual swim DB		DB	Wet 'n' Wild	Casual swim	Lanes			Club			

School holiday programme

DB Diving board

	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
Mon			Junior courses	Hi5 session	Masters	Lanes	Wet 'n' Wild		Casual swim DB	DB		Diving club			
Tues	Lanes 7.00 - 8.30		Junior courses	Hi5 session	Toddler Splash	Lanes			Casual swim DB	DB	DB	Aqua fit		Lanes	
Wed	Lanes 7.00 - 8.30		Junior courses	Hi5 session	Ladies only lanes	Lanes	Wet 'n' Wild		Casual swim DB		DB	DB		Diving club	
Thurs	Lanes 7.00 - 8.30		Junior courses	Hi5 session	Toddler Splash	Lanes			Casual swim DB	DB		Club		Lanes	
Fri			Junior courses	Hi5 session	Aquafit	Lanes	Wet 'n' Wild		Casual swim DB	DB		Lanes		Club	
Sat	Diving club		Casual swim		Wet 'n' Wild	Casual swim DB	DB		Lanes			Gala / Private hire			
Sun		Lanes		Casual swim DB		DB	Wet 'n' Wild	Casual swim	Lanes			Club			

Junior courses start in October

Childrens water safety

New supervision ratios from June 2007

Children under 4 years - One adult: one child with **or** without armbands

One adult: two children with armbands

Children 4-7 years - One adult: two children with **or** without armbands

Children of mixed ages - One under 4 and one 4-7 year old can swim with one adult if **both** are in armbands **or** the older child holds the ISRM award.

One under 4 and two 4-7 year olds can swim with one adult if **all** are in armbands **or both** older children hold the ISRM award.

Armbands and floatation jackets must conform to BSI standard EN13138

For more information contact reception or go to www.swindon.gov.uk/swimadmissions