Swimming pool programme - Term time

Large pool programme

	7.30am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
Mon	Lanes 7.30 - 8.30		School		Lanes		Staff training	School	Lanes		2 lanes Club		Club	Staff training	
Tues	Lanes 7.30 - 8.30		School		Lanes		School		Lanes		2 lanes Club		Club		
Wed	Lanes 7.30 - 8.30		School		Lanes		School		Lanes				Club		
Thurs	Lanes 7.30 - 8.30		School		Lanes		School		Lanes	3 lanes Junior courses	Lanes		Club		
Fri	Lanes 7.30 - 8.30		School		Lanes		School		Lanes		2 lanes Club		Club		
Sat	Club	3 lanes Junior courses		Club			Lanes				Tri club	Private hire			
Sun		Lanes	Adult swim clinic 2 lanes		Canoe club 1st Sunday in month/club		Club								

Ladies only session includes children under 8 years old.
Lane swimming is for competent swimmers only

Small pool programme

	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
Mon			School		Masters / Casual swim		Toddler splash	School	Junior courses		Casual swim		Club		
Tues			School		Casual swim		School		Junior courses		Casual swim		Club		
Wed			School		Casual swim		School		Club		Casual swim		Club		
Thurs			School	Ladies only	Casual swim / Aqua fit		School		Junior courses		Casual swim		Club	Adult courses	
Fri			School		Casual swim		School		Junior courses		Casual swim		Club		
Sat	Club		Junior courses				Casual swim			Private Hire		Club			
Sun			Adult swim clinic	Casual swim			Club								

Childrens water safety
New supervision ratios from June 2007
Children under 4 years - One adult: one child with **or** without armbands; One adult: two children with armbands
Children 4-7 years - One adult: two children with **or** without armbands

Children of mixed ages - One under 4 and one 4-7 year old can swim with one adult if **both** are in armbands **or** the older childs holds the ISRM award; One under 4 and two 4-7 year olds can swim with one adult if **all** are in armbands **or both** older children hold the ISRM award. **For more information contact reception or go to www.swindon.gov.uk/swimadmissions**

Armbands and floatation jackets must conform to BSI standard EN13138