

# Link Ice Skating Programme

## Skating Sessions

- Casual Skate** – for adults and children of all ages and abilities. Great family sessions.
- Family Skate** – dedicated family sessions, ideal for the younger skater.
- Parent & Toddler** - help toddlers learn to skate. With fun equipment. For 18 months – 5 years.
- Toddler Skate** - learn to skate or improve skills learnt on the P&T session. For 3 – 5 years.
- Skoolz Out SK8** – for school age children with energy to burn! Keep fit and meet friends.
- Cool Kids Club** – fun and games on ice with your friends. For children up to 12 years old.
- Ice and Easy** – easy listening music, this session includes dance intervals.
- Disco 350** – disco lights and classic club sounds. Includes speed skating intervals.
- Sub Zero** – with lighting effects and D.J.'s, Sub Zero becomes the hottest club night on ice. For teens 12+ years old.
- Disabled Skate** – devoted to disabled users, wheelchairs can be brought onto the ice.
- Edge & Balance** – edge technique and balance work. Improve flexibility, fitness and stamina.

## Penguin Stability Aids

Look out for our 10 penguins who will help children under 5 years to ice skate with their support.



Available to hire from the ice rink reception.

## School Term Time Programme

	6am	7am	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	
<b>Mon</b>	Patch	XX XX	Patch	Wildcats School Skate	Wildcats School Skate	Wildcats School Skate	Wildcats School Skate	Wildcats School Skate	Patch	XX XX	Patch	Learn to Skate	Club							
<b>Tues</b>	Patch	XX XX	Patch	P&T Wildcats School Skate	Disabled Wildcats School Skate	Wildcats School Skate	Wildcats School Skate	Casual Skate Wildcats School Skate	XX XX	Patch	XX XX	Skoolz Out SK8 Learn to Skate	X	Dev Ice	X	Disco 350	X	Club	X	Club
<b>Wed</b>	Patch	XX XX	Patch	Learn to Skate Wildcats School Skate	Wildcats School Skate	Wildcats School Skate	Wildcats School Skate	P&T Casual Skate Wildcats School Skate	XX XX	Wildcats	Patch	Club		X	Ice and Easy ▲	X	Club	X	Club	
<b>Thurs</b>	Patch	XX XX	Patch	P&T Wildcats School Skate	Wildcats School Skate	Wildcats School Skate	Wildcats School Skate	Casual Skate Wildcats School Skate	XX XX	Patch	XX XX	Skoolz Out SK8 Learn to Skate	X	Figure Club	Club			Club		
<b>Fri</b>	Patch	XX XX	Patch	Wildcats School Skate	Edge & Balance Wildcats School Skate	Wildcats School Skate	Wildcats School Skate	Casual Skate Wildcats School Skate	XX XX	Wildcats	Patch	Skoolz Out SK8 Learn to Skate	X	Club	X	Club	X	Sub Zero	XX XX	Club
<b>Sat</b>	Patch	XX XX	Learn to Skate	Cool Kids Club	X	Club	X	Family Skate	X	Family Skate	X	Wildcats Ice Hockey www.swindonwildcats.com	X	Sub Zero	XX XX					
<b>Sun</b>	Patch	XX XX	Patch	Toddler Skate Family Skate	X	Club	X	Family Skate	X	Family Skate	X	Club							X	

**Please note:** On Saturdays, Sub Zero and Wildcats will not run between May & August inclusive

## School Holiday Programme

	6am	7am	8am	9am	10am	11am	12noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	
<b>Mon</b>	Patch	XX XX	Patch	Casual Skate	XX XX	Casual Skate	XX XX	Casual Skate	XX XX	Patch	Learn to Skate	Club								
<b>Tues</b>	Patch	XX XX	Patch	Casual Skate	XX XX	Casual Skate	XX XX	Casual Skate	XX XX	Patch	XX XX	Skoolz Out SK8 Learn to Skate	X	Dev Ice	X	Disco 350	X	Club	X	Club
<b>Wed</b>	Patch	XX XX	Patch	Casual Skate	XX XX	Casual Skate	XX XX	Casual Skate	XX XX	Patch	Club		X	Ice and Easy ▲	X	Club	X	Club		
<b>Thurs</b>	Patch	XX XX	Patch	Casual Skate	XX XX	Casual Skate	XX XX	Casual Skate	XX XX	Patch	XX XX	Skoolz Out SK8 Learn to Skate	X	Figure Club	Club			Club		
<b>Fri</b>	Patch	XX XX	Patch	Casual Skate	XX XX	Casual Skate	XX XX	Casual Skate	XX XX	Patch	XX XX	Skoolz Out SK8 Learn to Skate	X	Club	X	Club	X	Sub Zero	XX XX	Club
<b>Sat</b>	Patch	XX XX	Learn to Skate	Cool Kids Club	X	Club	X	Family Skate	X	Family Skate	X	Wildcats Ice Hockey www.swindonwildcats.com	X	Sub Zero	XX XX					
<b>Sun</b>	Patch	XX XX	Patch	Family Skate	X	Club	X	Family Skate	X	Family Skate	X	Club							X	

## Key

- Public Session**  
may include dance and speed intervals
- Courses & Recreation Sessions**

- Patch Session, Figure Skates Only**  
Dedicated time to practice skills with or without a lesson. Must have achieved National Skate Grade 4.
- Dev Ice**  
Development ice time to improve either figure or ice hockey skills. Must have achieved National Skate Grade 4.

- Includes dance intervals**
- Club Use Ice Hockey**  
(01793 465450)  
Swindon Ice Figure Club (www.sifc.co.uk)
- Ice Resurface**

**Under 8s** must be supervised by a responsible adult 16+ years old. **Under 12s** - must be supervised by a responsible adult 16+ years old after 6pm.

For full details of all session descriptions visit [www.swindon.gov.uk/iceskating](http://www.swindon.gov.uk/iceskating)