

# Handy hints for a 'green' lunch



**Fill** a **reusable** bottle with drink instead of throwing cartons and cans away.

**Buy** a sandwich box, or **re-** an old margarine tub instead buying food bags and cling



**use** of film.



**Make** your own lunch, save on packaging.

**Take** food waste, apple cores and orange peel home for the **compost heap**.

