

Appendix

These guidelines were issued by Lord Fraser in 1985, following the House of Lords' ruling in the case of *Victoria Gillick v West Norfolk and Wisbech Area Health Authority*.

The Department of Health issued a circular on Family Planning (1986) in response to the *Gillick* case. It gave guidance to doctors and health professionals on providing advice and treatment to young people under 16 years of age. It applies to other professionals as guidance.

Information for workers taken from 'What Should I Do' states that "it would be considered good practice to maintain confidentiality following all the Fraser Guidelines":

- The young person understands the advice that is being given;
- The young person cannot be persuaded to inform or seek support from their parents, and will not allow the doctor to inform the parents that contraceptive advice is being given. Doctors are obliged to respect young people's confidentiality;
- The young person is likely to begin or continue to have sexual intercourse with or without contraception;
- The young person's physical and mental health are likely to suffer unless they receive contraceptive advice or treatment;
- It is in the young person's best interests to receive contraceptive advice and treatment without parental consent.